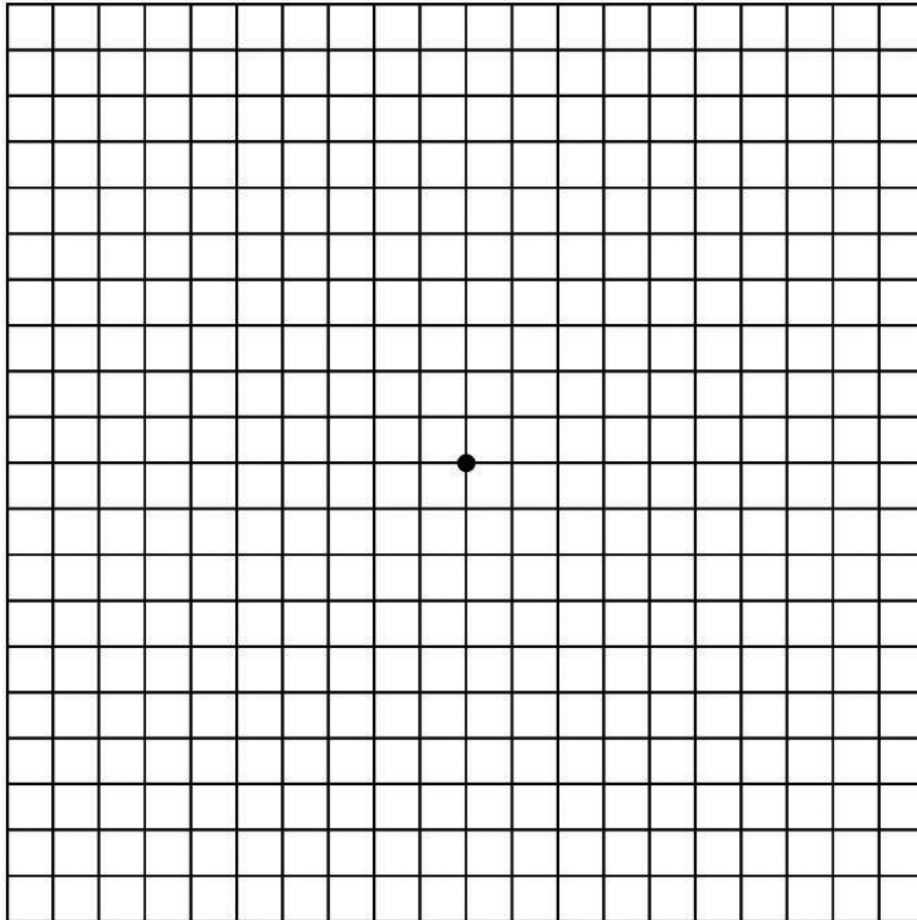




AMSLER GRID



HOW TO TEST YOUR EYES WITH THIS AMSLER GRID

- Print this page on white paper if possible.
- Use the glasses for reading to view this grid.
- Hold the grid at the distance you would a book, typically 14 inches.
- Evaluate each eye separately; place your hand over one eye while testing the other eye.
- The eye your testing, keep focused on the dot on the center of the grid, and ask yourself the following:
 - Do the lines in the grid look wavy, blurred, or missing lines?
 - Do all the boxes appear to be the same size?
 - Are there any missing areas?
 - Can you see all corners of the Amsler Grid while focusing on the dot?
- Cover your other eye and repeat
- If you see a change in the grid, contact us, High Country Macula **(888) 982-5716**